

## Pantry Statistics

### Upcoming Events:

- Mar 11 BIRC Bowling Fundraiser  
2:00 p.m.
- Mar 13 Evening Hours  
6:00-7:00 p.m.
- Mar 24 Harlan Tucker Memorial Black Jack 5K  
8:00 a.m.  
Glenn Dale Splash Park
- Mar 27 Evening Hours  
6:00-7:00 p.m.
- Mar 30 Good Friday Pantry OPEN
- April 10 Evening Hours  
6:00-7:00 p.m.
- April 24 Evening Hours  
6:00-7:00 p.m.

	February 2018	January 2018	February 2017	January 2017
<i>Households Served</i>	268	279	276	284
<i>Client Visits</i>	328	340	333	352
<i>New Client Households</i>	11	15	16	21
<i>Children 18 and Under</i>	186	201	227	225
<i>Bags of Groceries</i>	656	682	672	707
<i>Value of Food Distributed</i>	\$23,275	\$24,185	\$24,080	\$25,200
<i>Percent to City of Bowie Residents</i>	43%	45%	50%	48%
<i>Percent to "Bowie Area" Residents</i>	23%	19%	16%	15%

## Greatest Needs

- Condiments (*salad dressing, mustard, ketchup, etc.*)
- Soup (*all varieties*)
- Dry Goods (*boxed potatoes, rice, pasta salad, stuffing*)
- 100% juice (*boxes or bottles*)
- Tuna Fish
- Peanut Butter

## Sad News

Carolyn Kunst, a longtime pantry volunteer, passed away on February 26. Every Friday Carolyn and her husband, Rich, brought armloads of bread and desserts to the Pantry as well as coordinating donations from Magnolia Elementary School. We will miss her very much.

### Inside this Issue:

- What We Pack
- Expired Food
- Drop-Off Sites
- Adopt-A-Shelf Program
- Harlan Tucker 5K
- BIRC Bowling Fundraiser

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## What We Pack

*Each household receives the following items:*

- 4 cans of Soup (a variety)
- 2 cans/bags of Beans (a variety)
- 4 cans of Vegetables (a variety)
- 1 canned Pasta (spaghettios, ravioli, beefaroni)
- 1 Pasta/Spaghetti Sauce
- 1 Tomato product (sauce, diced, paste, stewed)
- 2 cans Fruit or Applesauce (a variety)
- 1 Peanut Butter or Jelly
- 1 Condiment (ketchup, mustard, olives, salad dressing, gravy, relish, pickles, etc.)
- 2 cans Tuna Fish
- 1 can Clams or other fish (salmon, sardines, etc.)
- 3 cans Meat (beef stew, chili, chicken breast meat, corned beef hash, spam)
- 1 box Macaroni and Cheese
- 1 box Spaghetti/Pasta
- 2 other Dry Goods (rice, potatoes, stuffing, pasta/rice sides, helper)
- 1 Dessert (pudding, cookies, brownie mix)
- 1 box Cereal or Oatmeal
- 2 rolls of Toilet Paper
- 4 Granola/Fruit Bars (a variety)

Children 10 and under receive 100% juice. When available, we distribute fresh fruit and vegetables.

The Pantry also accepts donations of personal care products (regular and travel size), paper products, cleaning supplies, diapers, wipes, and baby food. Individual-size food items (complete meals, peanut butter, soups, fruit cups, crackers, tuna pouches) are needed for our homeless clients.

Donations of the above items are greatly appreciated. We encourage donors to purchase low sodium and whole grain items when possible.

## Donations

Please do not leave items at the Pantry entrance/exit. These items will be thrown away. Give us a call/e-mail and we will be happy to meet you at the Pantry to accept your donation. If it is a small donation, please consider using one of our drop-off sites.

## Drop-Off Sites

Many thanks to the following locations that serve as donation drop-off sites:

- ASAP Cleaners
- Bowie Senior Center
- City of Bowie Gymnasium
- Kenhill Center
- Long and Foster (Now in Crofton)
- Parcel Express
- PNC Bank (Rt. 450 & Stonybrook Dr)



## Expired Food

Each week Pantry volunteers sort and shelve all non-perishable items donated to the Pantry. When sorting items, volunteers first check dates. We do not shelve or bag items with expired or unknown dates. Our insurance company strictly prohibits us from distributing expired items. It would be helpful if groups/individuals could check dates before bringing items to the Pantry. While it is tempting to clean out your pantry and donate the food, it makes our job much harder. Anything you can do to make our job easier (and less back-breaking!) would be appreciated.

### *Non-Profit Status*

The Bowie Interfaith Pantry and Emergency Aid Fund is a 501(c)(3) non-profit organization. 93% of pantry donations go directly to assist clients. Tax receipts are available for all donations.

## Adopt-a-Shelf Program

Many thanks to all those who participate in our Adopt-a-Shelf Program. We are grateful for your continued support. All food items are available for adoption. We distribute hundreds of each item every month, and we do not expect any one individual/group to completely stock a shelf.

Please let us know what item you want to collect and bring to the Pantry on a regular basis. A list of items we pack is included in this newsletter. We will put a small plaque on the shelf with your name and item adopted. If we haven't received a donation for the shelf in a year, the plaque will be removed until reactivated.

*Beans* - Temple Solel

*Beef stew* - St. Barnabas Episcopal Church

*Cereal* - Greater Suburban Maryland Chapter (Jack and Jill)

*Cereal* - Faith Fellowship Church

*Desserts* - Bowie Lions Club

*Canned fruit* - Mount Oak United Methodist Church

*Granola bars* - Julianne Herring & Caroline Herring

*Meats* - Bowie Lions Club

*Pasta* - Apostolic Breakthrough International Ministries

*Pasta* - Belair Baptist Church

*Peanut butter* - Top Ladies of Distinction - Prince George's County Chapter

*Peanut butter* - Greater Bowie Chamber of Commerce

*Rice* - United Parish of Bowie

*Soup* - Victory Bible Service

*Spaghetti sauce* - Trinity Lutheran Church

*Tomato products* - Northridge Community

*Tuna fish* - Faith Fellowship Church

## 7th Annual Richard Felix Lamrouex Memorial BIRC Bowling Fundraiser

The bowling fundraiser will be held on Sunday, March 11, at the Crofton Bowling Centre. Event begins at 2:00 p.m. For information or to reserve your lane, please contact James Lamrouex at 443-250-5099 or Lamrouex@ceiinc.com. Cost is \$25 per bowler.

## Harlan Tucker Memorial Black Jack 5K – Register Today!

The Harlan Tucker Memorial Black Jack 5K (formerly the Bowie Spring 5K Run/2 Mile Walk) will be held on Saturday, March 24, at the Glenn Dale Splash Park. Race begins at 8:00 a.m. Registrations begin at 7:00am. Visit [www.active.com](http://www.active.com) to pre-register for the event. Early Registration is \$25 (plus a \$3.50 processing fee). Day of registration is \$35. All proceeds will be donated to the Pantry.

### *Our Mission*

We are a community-based social services program providing emergency food and financial assistance\* to those in Bowie and Prince George's County, who are experiencing need - without regard to race, creed or gender. If we are unable to meet the needs, we will make referrals to others who may be able to provide the needed assistance.

*To serve with respect, dignity and without discrimination those in need in our community by providing food, financial assistance and other resource referrals.*

\*Financial assistance is available to residents of the City of Bowie

## Food Drives/Donations

*A special thank you to all those who donated food and/or money to the Pantry in February:*

- All Saints Lutheran Church
- Ascension Catholic Church
- Belair Baptist Church
- Beta Sigma Phi Sorority (Xi Alpha Phi Chapter)
- Bowie Center for the Performing Arts
- Bowie High School - PTSO
- Bowie Lions Club
- Catholic Charities
- Christian Community Presbyterian Church
- City of Bowie
- Collington Life Care - Outreach Cte.
- Cresthill Baptist Church
- Curves of Glenn Dale
- Ebenezer United Methodist Church
- Faith Fellowship Church
- Girl Scout Troop 992/2539
- Goodloe Memorial Unitarian Universalist Congregation
- Grace Lutheran Church
- Greater Mount Nebo AME Church
- Greater Suburban Maryland Chapter (Jack and Jill)
- Heather Hills Elementary School
- Holy Trinity Episcopal Church
- Hometown Properties
- It's All About the Hair
- The Ivy Community Charities of Prince George's County
- The Knit Wits
- Long and Foster Realty
- M-NCPPC, Department of Parks and Recreation - Senior Services Unit
- Metropolitan Baptist Church
- Mount Oak United Methodist Church
- National Council of Negro Women— Mitchellville/Bowie
- Northridge Community
- Quality Business Services
- Reformed Presbyterian Church of Bowie
- SHARE
- St. Barnabas Episcopal Church
- St. Edward the Confessor Catholic Church
- St. Matthew's United Methodist Church
- St. Pius X Catholic Church
- Temple Solel
- Temple Solel - Charlie Hochman Fund
- Top Ladies of Distinction - Prince George's County
- Trinity Lutheran Church
- Trust One, Inc.
- United Parish of Bowie
- Unity Center of Light
- Victory Bible Service
- Village Baptist Church



*Members of the Greater Suburban Maryland Chapter of Jack and Jill of America held a cereal drive in February. They collected over 600 boxes of cereal for the Pantry. Great job!*

## Bowie Interfaith Pantry and Emergency Aid Fund

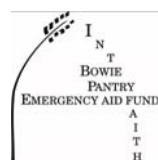
2614 Kenhill Drive, Suite 134  
Bowie, MD 20715

Phone: 301-262-6765

E-mail:

[bowiefoodpantry@gmail.com](mailto:bowiefoodpantry@gmail.com)

Website: [www.bowiefoodpantry.org](http://www.bowiefoodpantry.org)



**Hours:**

Monday, Wednesday, Friday 9:00 am—12:00 noon  
2<sup>nd</sup> & 4<sup>th</sup> Tuesday of each month 6:00—7:00 pm

*The Pantry is located in the blue building behind the Kenhill Center. Park in the back parking lot and enter through the blue building.*